

LAFAYETTE BONE AND JOINT CLINIC PATIENT PORTAL

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- Access Your Medical Information Online 24/7
- Take a More Active Role in Managing Your Health and Wellness
- Learn How to Manage Your Personal Health Information Online (Now)
- Take Your Health Record On-the-Go
- Now Available: Convenient New Online Service That Lets YOU Manage Your Personal Health Information
- New!! Check out our new patient portal that makes communicating with your doctor even easier!
- Review your medical records online in a safe, secure environment
- Communicate privately with physicians via secure messaging
- View test and lab results, and read medical notes from your doctor
- Update your health information (allergies, medications, conditions, etc)
- Request Rx refills
- Receive email care reminders
- Request or change appointments
- Fill out and submit forms prior to appointments
- Create proxy accounts for children or dependent adults
- View and pay bills
- SAVE TIME! No more waiting on hold to speak to staff or schedule appointments
- IT'S CONVENIENT! Anywhere anytime access lets you communicate on your time
- IT'S PRIVATE: Secure messaging ensures privacy between you and your physician
- MORE CHOICE: Gives patients a new way to communicate with their doctor
- SET & TRACK GOALS: Use the portal to track your health conditions/wellness goals and chart progress
- PATIENT CONTROLLED: YOU own your portal and all of the data within it and control who sees what

HOW-TO

How to Register for a Portal Account

Welcome to the all-in-one personal health record and patient portal that lets you access your medical

information in a secure online environment 24 hour a day, 7 days a week from any computer, laptop or smart phone! Just follow these simple steps to get connected today!

Check your Email. You will receive an email from “noreply@followmyhealth.com.” Click the registration link and follow the onscreen prompts.

Click Create an Account. If you already have a portal account and want to add an additional provider, click *Add This Connection*.

Choose a Login Method. You can create a username and password specifically for your portal account by clicking the FMH Secure Login icon. – **OR** – You can log in by using an existing username and password if you have one of the following accounts: Facebook | Gmail | Yahoo | Windows Live | CernerHealth. Click on the respective icon and enter your username and password for that account.

Get Connected. Follow the on-screen prompts on the next four screens to complete your connection. These screens include accepting our Terms of Service, entering your Invite Code (last four digits of your social security number*) and accepting the Release of Information.

Registration and Connection is Now Complete. Your health record will now begin to upload. Please note this may take a few minutes.

View the First Time Walk-Through Video. Learn about all the tools your portal has to offer by watching the 3-minute video that appears when you first log in. If you wish to view this video later, you can always access it by clicking on the My Account dropdown in the right hand corner and selecting Preferences.

Congratulations! You can now access your health information and start managing your care online!