

Patient Information Sheet
For return patients only

ENTIRE FORM MUST BE COMPLETELY FILLED OUT

Patient # _____

Today's Date: _____

Patient's Name: _____ Age: _____

HISTORY OF PRESENT ILLNESS

Please describe the type of medical problem or symptoms that you are being seen for since your last visit:

SYMPTOMS

Indicate Right, Left or Both

- Neck
Shoulder Right Left Both
Arm Right Left Both
Elbow Right Left Both
Wrist Right Left Both
Hand Right Left Both
Back
Hip Right Left Both
Knee Right Left Both
Leg Right Left Both
Ankle Right Left Both
Foot Right Left Both
Other _____

Timing of Symptoms

- Constant
(Symptoms all day, everyday)
Occasional
(Symptoms off & on, but NOT every day)
Intermittent
(Symptoms off & on every day)

Description of Symptoms

- Aching
Throbbing
Burning
Tingling
Stabbing
Catching
Popping
Grinding
Sharp
Dull

What Makes Condition Worse

- Walking
Lying down
Bending
Stooping
Sitting
Depression
Standing
Writing
Reaching Overhead
Stair Climbing
Tension
Anxiety
Lifting
Other: _____

Modifying Factors What makes it better

- Medication
Rest
Physical Therapy
Heat
Cold
Other: _____

Are you in pain:

_____ Less than 8 hours a day
_____ 8-12 hours per day
_____ 12-18 hours per day
_____ 18-24 hours per day

Pain Level

10 Severe Pain
9
8
7
6
5
4
3
2
1
0 No Pain

Associated Signs & Symptoms

_____ Numbness, where _____
_____ Weakness, where _____

How does the pain affect your sleep since your last appointment?

	Always	Sometimes	Never
Trouble falling asleep	_____	_____	_____
Medications needed for sleep	_____	_____	_____
Awakened by pain	_____	_____	_____
Average number hours of sleep	_____ 1-2 hours	_____ 2-4 hours	
	_____ 4-6 hours	_____ 6-8 hours	
	_____ over 8 hours		

PAST MEDICAL, FAMILY AND SOCIAL HISTORY

Are there any changes with you or your immediate families medical and social history since your last office visit? No _____ Yes _____

If yes, please explain: _____

Any type of cancer: _____

Work Status as of today:

_____ Employed as _____ Retired since: _____
_____ Workers' Comp while employed by _____
_____ Unemployed since: _____
_____ Receiving disability compensation benefits

GENERAL INFORMATION

Please list any medications or herbal supplements you are currently taking:

Name	Dose	How often is it taken:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Are you allergic to any medications? Please list the name of the medication and the reaction caused by taking the medication: _____

REVIEW OF SYSTEMS: Are you **CURRENTLY** experiencing any of the following symptoms? Please check yes or no.

<u>NO</u>	<u>YES</u>	<u>General</u>
___	___	Weakness
___	___	Tiredness
___	___	Chills
___	___	Fever
___	___	Night Sweats
___	___	Diabetes or problems with blood sugar
___	___	Problems with blood (i.e. clotting)
___	___	Liver Disease
___	___	Difficulty with sleeping

CIRCLE ONE Lack of appetite / Excess of appetite / N/A
CIRCLE ONE Weight loss / Weight gain / N/A

<u>NO</u>	<u>YES</u>	<u>Cardiovascular</u>
___	___	Chest pain, tightness or squeezing
___	___	Shortness of breath lying down
___	___	Need to sit up to breath
___	___	Heart racing
___	___	Irregular heart beat (palpitations)
___	___	Heart murmur
___	___	Swelling of the legs
___	___	Varicose Veins
___	___	Leg pain at rest
___	___	Leg pain with exertion
___	___	Blue/purple discoloration of Hands/feet

<u>NO</u>	<u>YES</u>	<u>Gastrointestinal</u>
___	___	Nausea
___	___	Vomiting
___	___	Heartburn
___	___	Abdominal pain
___	___	Bright red blood in stools
___	___	Black stools
___	___	Gastritis or Ulcers

CIRCLE ONE Diarrhea / Constipation / N/A

<u>NO</u>	<u>YES</u>	<u>Urinary</u>
___	___	Pain or burning on urination
___	___	Frequent urination
___	___	Extreme urge to urinate
___	___	Difficulty <u>starting</u> urinary stream
___	___	Difficulty <u>stopping</u> stream
___	___	Kidney stones
___	___	Erectile/Sexual dysfunction

<u>NO</u>	<u>YES</u>	<u>Musculoskeletal</u>
___	___	Neck pain
___	___	Shoulder or arm pain
___	___	Back pain
___	___	Pain down the legs
___	___	Right side ___ Left side ___
___	___	Painful joints
___	___	Swelling of any joints
___	___	Redness of any joints
___	___	Stiffness of any joints
___	___	Deformities of joints or extremities

<u>NO</u>	<u>YES</u>	<u>Neurologic</u>
___	___	Seizures
___	___	Headaches
___	___	Blackouts
___	___	Dizziness
___	___	Paralysis or weakness of limb
___	___	Loss of sensation

CIRCLE ONE Double Vision / Blurred Vision / N/A

<u>NO</u>	<u>YES</u>	<u>Psychiatric</u>
___	___	Nervousness
___	___	Depression
___	___	Difficulty with memory for past events
___	___	Difficulty with problem solving
___	___	Anxiety

<u>NO</u>	<u>YES</u>	<u>Respiratory</u>
___	___	Sleep apnea
___	___	C.O.P.D
___	___	Asthma

Signature of Patient

Date