

Patient Information Sheet

For new patients only

\*\*ENTIRE FORM MUST BE COMPLETELY FILLED OUT\*\*

Patient # \_\_\_\_\_

Today's Date: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Home Ph. ( ) \_\_\_\_\_ Work Ph. ( ) \_\_\_\_\_

Referred by: \_\_\_ Physician \_\_\_ Friend

Please describe the type of medical problem or symptoms that you are being seen for today: \_\_\_\_\_

If your symptoms were because of an accident or injury, please explain: \_\_\_\_\_

Location of symptoms

Indicate Right, Left or Both

- Neck
Shoulder
Arm
Elbow
Wrist
Hand
Back
Hip
Knee
Leg
Ankle
Foot
Other

Timing of Symptoms

- Constant
Occasional
Intermittent

Description of Symptoms

- Aching
Throbbing
Burning
Tingling
Stabbing
Catching
Popping
Grinding
Sharp
Dull

What Makes Condition Worse

- Walking
Lying down
Bending
Stooping
Sitting
Depression
Standing
Writing
Reaching Overhead
Stair Climbing
Tension
Anxiety
Lifting
Other:

Modifying Factors What makes it better

- Medication
Rest
Physical Therapy
Heat
Cold
Other:

How long have you had these symptoms: \_\_\_\_\_

Are your symptoms: \_\_\_ getting worse \_\_\_ getting better \_\_\_ staying the same

**Are you in pain:**

\_\_\_\_\_ Less than 8 hours a day  
\_\_\_\_\_ 8-12 hours per day  
\_\_\_\_\_ 12-18 hours per day  
\_\_\_\_\_ 18-24 hours per day  
(If pain is not every day,  
estimate how many hours of  
pain per week or month)  
\_\_\_\_\_

**Pain Level**

10 Severe Pain  
9  
8  
7  
6  
5  
4  
3  
2  
1  
0 No Pain

**Associated Signs & Symptoms**

\_\_\_\_\_ Numbness, where \_\_\_\_\_  
\_\_\_\_\_ Weakness, where \_\_\_\_\_  
\_\_\_\_\_ Headaches  
\_\_\_\_\_ Anxiety  
\_\_\_\_\_ Depression  
\_\_\_\_\_ Sexual Dysfunction  
\_\_\_\_\_ Bowel or Bladder Dysfunction  
\_\_\_\_\_ Difficulty in Sleeping

How does the pain affect your sleep?

Always Sometimes Never  
Trouble falling asleep \_\_\_\_\_  
Medications needed for sleep \_\_\_\_\_  
Awakened by pain \_\_\_\_\_  
Average number hours of sleep \_\_\_\_\_ 1-2 hours \_\_\_\_\_ 2-4 hours \_\_\_\_\_ 4-6 hours  
\_\_\_\_\_ 6-8 hours \_\_\_\_\_ over 8 hours

Have you had any treatment for your current condition (circle one) Did it help?

Physical Therapy Yes No Epidural Steroids Yes No  
Chiropractic Care Yes No Traction Yes No  
Other \_\_\_\_\_

List any tests performed (circle those that apply): MRI X-ray CT Nerve Test Other \_\_\_\_\_

Do you now or have you ever had the following:

a) Heart problems Yes No h) Problems with blood (i.e., clotting problems) Yes No  
b) Lung problems Yes No i) Gastritis or Ulcers (Circle one or both if yes) Yes No  
c) Kidney problems Yes No j) Liver disease (such as hepatitis) Yes No  
d) High Blood Pressure Yes No k) Diabetes or problems with blood sugar Yes No  
e) Anemia Yes No l) Any type cancer (if yes, explain below) Yes No  
f) Stroke Yes No m) Asthma Yes No  
g) Seizure Disorder Yes No n) Tuberculosis Yes No

Other: \_\_\_\_\_

Please list all surgeries you have had (include even tonsils, D&C, etc.)

Type Date Hospital Surgeon  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list all injuries (include fractures, head injuries, auto accidents, etc.) If none, please indicate "None"

Type Date Hospital Physician  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list any medications or herbal supplements you are currently taking:

Name Dose How often is it taken  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you allergic to any medications? Please list the name of the medication and the reaction caused by taking the medication: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Work Status: \_\_\_\_\_  
\_\_\_ Single \_\_\_\_\_ Employed as \_\_\_\_\_  
\_\_\_ Married \_\_\_\_\_ Retired since: \_\_\_\_\_  
\_\_\_ Divorced \_\_\_\_\_ Workers' Comp while employed by \_\_\_\_\_  
\_\_\_ Separated \_\_\_\_\_ Unemployed since: \_\_\_\_\_  
\_\_\_ Widowed \_\_\_\_\_ Receiving disability compensation benefits \_\_\_\_\_  
Level of Education: \_\_\_\_\_ Post Graduate Degree \_\_\_\_\_ College Education \_\_\_\_\_ High School Grad  
\_\_\_\_\_ Highest Grade Completed

Do you use:  
a) Tobacco Yes No How much per day: \_\_\_\_\_  
b) Alcohol Yes No How much per day/week/month: \_\_\_\_\_  
c) Illicit Drugs Yes No How much per day: \_\_\_\_\_

Has anyone in your immediate family had:  
a) High Blood Pressure Yes No If so, who? \_\_\_\_\_  
b) Heart Disease Yes No If so, who? \_\_\_\_\_  
c) Cancer Yes No If so, who? \_\_\_\_\_  
d) Diabetes Yes No If so, who? \_\_\_\_\_  
e) Asthma Yes No If so, who? \_\_\_\_\_  
f) Stroke Yes No If so, who? \_\_\_\_\_  
g) Seizures Yes No If so, who? \_\_\_\_\_  
h) Migraine Yes No If so, who? \_\_\_\_\_  
i) Arthritis Yes No If so, who? \_\_\_\_\_  
j) Crippling Yes No If so, who? \_\_\_\_\_  
k) Hepatitis Yes No If so, who? \_\_\_\_\_  
l) Rheumatic Fever Yes No If so, who? \_\_\_\_\_  
m) Kidney Disease Yes No If so, who? \_\_\_\_\_  
n) Other (please list): Yes No If so, who? \_\_\_\_\_

Please provide the following information:  
Father: If living: Age: \_\_\_\_\_ Present Health \_\_\_\_\_  
If deceased: Age: \_\_\_\_\_ Cause of death \_\_\_\_\_  
Mother: If living: Age: \_\_\_\_\_ Present Health \_\_\_\_\_  
If deceased: Age: \_\_\_\_\_ Cause of death \_\_\_\_\_

Do you have any siblings: If so, how many?  
Brothers: How many: \_\_\_\_\_ Present Health \_\_\_\_\_  
Sisters: How many: \_\_\_\_\_ Present Health \_\_\_\_\_

If you have deceased siblings:  
Sex Age at Death Cause of Death  
\_\_\_\_\_  
\_\_\_\_\_

Please provide the following information:  
Number of pregnancies: \_\_\_\_\_ Number of deliveries: \_\_\_\_\_  
Number of living children: \_\_\_\_\_ Age of Children: \_\_\_\_\_

If you have deceased children:  
Sex Age at Death Cause of Death  
\_\_\_\_\_  
\_\_\_\_\_

What is your: Height \_\_\_\_\_ Weight \_\_\_\_\_



**REVIEW OF SYSTEMS:** Are you **CURRENTLY** experiencing any of the following symptoms? Please check yes or no.

<u>NO</u>	<u>YES</u>	<u>General</u>
___	___	Weakness
___	___	Tiredness
___	___	Lack of appetite
___	___	Excess appetite
___	___	Weight Loss
___	___	Weight Gain
___	___	Chills
___	___	Fever
___	___	Night Sweats
___	___	Anemia

<u>NO</u>	<u>YES</u>	<u>Eyes</u>
___	___	Eye Disease
___	___	Glaucoma
___	___	Eyeglasses/Contacts
___	___	Cataracts
___	___	Excessive tearing

<u>NO</u>	<u>YES</u>	<u>Ears, Nose, Throat</u>
___	___	Difficulty in hearing
___	___	Ringing in your ears
___	___	Discharge from the ears
___	___	Nasal discharge (frequent)
___	___	Hoarseness

<u>NO</u>	<u>YES</u>	<u>Cardiovascular</u>
___	___	Chest pain, tightness or squeezing
___	___	Shortness of breath lying down
___	___	Need to sit up to breath
___	___	Heart racing
___	___	Irregular heart beat (palpitations)
___	___	Heart murmur
___	___	Swelling of the legs
___	___	Varicose Veins
___	___	Leg pain at rest
___	___	Leg pain with exertion
___	___	Blue/purple discoloration of Hands/feet

<u>NO</u>	<u>YES</u>	<u>Gastrointestinal</u>
___	___	Nausea
___	___	Vomiting
___	___	Diarrhea
___	___	Constipation
___	___	Heartburn
___	___	Abdominal pain
___	___	Bright red blood in stools
___	___	Black stools

<u>NO</u>	<u>YES</u>	<u>Urinary</u>
___	___	Incontinence of urine
___	___	Pain or burning on urination
___	___	Frequent urination
___	___	Urinary tract infections
___	___	Extreme urge to urinate
___	___	Difficulty starting urinary stream
___	___	Difficulty stopping stream
___	___	Kidney Stones

<u>NO</u>	<u>YES</u>	<u>Musculoskeletal</u>
___	___	Muscle pain
___	___	Neck pain
___	___	Shoulder or arm pain
___	___	Back pain
___	___	Pain down the legs Right side ___ Left side ___
___	___	Painful joints
___	___	Swelling of the joints
___	___	Redness of any joints
___	___	Stiffness of any joints
___	___	Deformities of joints or extremities

<b>NO</b>	<b>YES</b>	<b>Neurologic</b>
_____	_____	Seizures
_____	_____	Headaches
_____	_____	Blackouts
_____	_____	Dizziness
_____	_____	Double Vision
_____	_____	Paralysis or weakness of limb
_____	_____	Loss of sensation
_____	_____	Loss of balance
_____	_____	Difficulty in speaking
_____	_____	Blurred vision
_____	_____	Spots before the eyes

<b>NO</b>	<b>YES</b>	<b>Psychiatric</b>
_____	_____	Nervousness
_____	_____	Depression
_____	_____	Difficulty with memory for past events
_____	_____	Difficulty with thinking
_____	_____	Difficulty with problem solving

<b>NO</b>	<b>YES</b>	<b>Respiratory</b>
_____	_____	Cough
_____	_____	Wheezing
_____	_____	Asthma
_____	_____	Shortness of breath at rest
_____	_____	Shortness of breath with exertion
_____	_____	Pain in the chest when you cough, sneeze or move

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**Signature of Patient**

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**Date**